

# SCORE YOUR SMILE

ortho :)  
essentials  
*wire your world*

Pick the set of teeth that most closely matches your own, and see if your clean routine is measuring up

5



**EXCELLENT**

You should be seeing clean teeth and healthy gums.

4



**VERY GOOD**

You might see redness or swelling of your gums around a few teeth.

3



**AVERAGE**

You might see some redness or swollen gums.

2



**NOT SO GOOD**

You might see plaque, chalky white spots on your teeth, or swollen gums.

1



**POOR**

You probably see plaque, chalky white spots on your teeth, or swollen, bleeding gums.